



## Registration Packet

New Web Site [www.bhitm22.org](http://www.bhitm22.org)

Dear Coach,

As the new Executive Director of the Bob Hayes Invitational Track Meet, I want to extend this personal invitation to you and your track team to participate in the upcoming 58th annual meet. For the first time in its history, the meet will be held at Visit Jax Track at Hodges Stadium on the campus of the University of North Florida on **Saturday, March 18, 2023**. "We are so honored to partner with Raines High School and the City of Jacksonville in hosting the Bob Hayes Invitational Track & Field Meet," UNF Director of Athletics Nick Morrow said. "As UNF and Visit Jax Track at Hodges Stadium continue to become the premier destination for track and field meets, we now have the opportunity to showcase one of the best high school meets in the entire country."

In honor of Coach Day, the partnership with William Raines High School will continue. "Raines High School is ecstatic about the ongoing partnership with the Bob Hayes Invitational Track Meet Organization and the opportunity to host the meet on the campus of the University North Florida's Hodges Stadium," said Raines High School principal Vincent Hall. "The Executive Director, Greg Coleman, and his team are continuing to focus on the opportunities this meet provides for students."

This meet is sanctioned by National Federation of State High School Association and Florida High School Activities Association and all Rules and Regulation of these associations will be in effect.

A **Coaches Reception** featuring a short program and refreshments will be held at Visit Jax Track at Hodges Stadium on Friday, March 17th from 3-5 P.M. Coaches Packets for the meet will be available for pickup as well.

The **Coach James Day Memorial Developmental Middle School Clinic and Track Meet** will also be held at Hodges Stadium on Friday, March 17, 2022, 3-8:30 p.m. This meet is open to 6th, 7th, and 8th Graders. As an added feature, the students will have the opportunity to participate in an **Olympic Experience** to engage with former USA Olympians who will share their experiences and life lessons.

A handwritten signature in black ink that reads "Gregory A. Coleman". The signature is written in a cursive style and is positioned above a horizontal line.

Executive Director  
Bob Hayes Invitational Meet, I

## MEET PARTICIPATION DETAILS

### Visit Jax Track at Hodges Stadium Facility

The track is a 9-lane all-weather surface. This meet will utilize 8 lanes. **Only ¼” or smaller pyramid spikes are allowed.** Fully Automatic Timing & results will be done using FinishLynx Cameras interfaced with Hy-Tek Meet Manager. No smoking, radios, glass containers, or alcoholic beverages are allowed in the facility.

### Timer

The timer for the meet is Adkins Trak Timing Associates

Contact Information: Marchan Adkins [Marchan@AdkinsTrak.com](mailto:Marchan@AdkinsTrak.com) (309) 838-4130

### Entry Information

All entries must be submitted electronically at <https://www.directathletics.com/meets/track/75466.html> NO EXECPTIONS no later than Tuesday, March 14, 2023, by 11 PM., EST. Enter as early as possible

**(Site will be open for changes ONLY until Wednesday March 15<sup>th</sup> by 4:00 P.M.**

Each school will be limited to **two (2)** contestants in each individual event, and one (1) relay race.

### Fees

Beginning January 1, 2023, the registration fee is the new standard fee of \$75. Boys' and girls' teams are considered **separate entities**. You may pay online at registration or mail checks to:

Bob Hayes Invitational Track Meet, Inc., 5426 Soutel Drive, Jacksonville. Florida 32219. All checks must be postmarked and received by March 10, 2023. We will not accept checks or cash on the day of the Meet.

### Eligibility

All high school student participants must be active and current members of the school team for which they are registered. Students or teams not meeting this requirement will be disqualified and any ribbons and/or medal(s) awarded will be rescinded.

### Packet Pickup

A **Coaches Reception** featuring a short program and refreshments will be held at Visit Jax Track at Hodges Stadium on Friday, March 17th from 3-5 P.M. for coaches to also pick up packets. No coaches meeting will be held the day of the meet, but packets will also be available for pickup in the Clerk of the Course tent on Saturday morning, beginning at 7:30 a.m.

### Check-in Procedures

**Running Events:** Initial check-in for all runners must occur at least 30 minutes before the scheduled start time of the event. Athletes should have their bib with them to check in. Athletes must return to the clerk's tent 15 minutes prior to the event or before the 3<sup>rd</sup> and final call for their event or they will be scratched. Athletes will be held in the warm-up area until the event is to start.

All warm-ups should be completed before entering the tent.

### Weigh-In

Saturday, March 18th 7:30 am - 12:00 pm

- All implements must be checked in no later than 30 minutes before the start of the event.

### Competition Warmup

Once the meet is underway, all warm-ups will need to be done on the practice track

### Relays: (will operate on a Rolling Schedule)

All participants in the relay events **must** check in to the Clerk of the Course with their bib. If there is any change to a relay team's entry, they must fill out or bring a completed relay card to check in. Relay cards will be placed in team packets. If an event doesn't have enough participants, it will run as a **Final**.

### Lane Preferences

FHSAA regulations require the lane assignments be made according to the spearhead method. On an eight-lane track **4-5, 3-6, 2-7, and 1-8** will be utilized.

### Field Events:

Athletes may begin check-in at event area 30 minutes prior to the start of the event. Pole Vaulters may check in 30 minutes prior to start. Those not checked in 30 minutes prior to event start time may be scratched. Field event warm-up for all competitors may begin 30 minutes prior to start of event, but only if an official is present. 15-minutes before an event start, warm-up will be restricted to the first flight of competitors only. 10-minute warm-up periods will be given between flights.

All legal attempts will be measured for throws and horizontal jumps. Cut off marks in field events for measurement:

A. Girls Long Jump	4.8768m	E. Boys Long Jump	6.4008m
B. Girls Triple Jump	9.114m	F. Boys Triple Jump	12.192m
C. Girls Shot Put	9.114m	G. Boys Shot Put	12.192m
D. Girls Discus	30.48m	H. Boys Discus	30.576m

I. Javelin —All throws will be measured (Boys & Girls)

- Participants will be allowed four (4) jumps in the Long Jump and four (4) in the Triple Jump.
- Participants will be allowed four (4) throws in the Discus, four (4) in the Shot Put and three (3) throws in the Javelin.
- Javelins must be transported in a case or capped bag (at both ends) at all meets except during the javelin competition to ensure safety of athletes, coaches, and spectators. (FHSAA)
- Starting height for the pole vault will be 10'6" for boys, 7'0" for girls, the high jump 6'0" for boys, and 4'6" for the girls.

***ALL FIELD EVENT WARM-UPS MUST BE UNDER THE SUPERVISION OF THE EVENT OFFICIAL OF THAT EVENT***

### Sports Medicine

Athletic trainers and sports medicine staff will be available at the south end of the track near the scoreboard.

### Awards

The winner(s) of each event will receive an award. All awards can be picked up at the packet pick-up location.

#### BOYS AWARDS

1. Championship Trophy
2. Runner-Up Trophy
3. Individual Trophy for all

#### GIRLS AWARD

1. Championship Trophy
2. Runner-Up Trophy
3. Individual Trophy for all

- |  |   |
|--|---|
| first place winners                    | first place winner                      |
| 4. Ribbons for 2nd. -8th. Place        | 4. Ribbons for 2nd. -8th. Place         |
| 5. Most Outstanding Boy Athlete Trophy | 5. Most Outstanding Girl Athlete Trophy |
| 6. Coach of the Winning Team Trophy    | 6. Coach of the Winning Team Trophy     |
| Most All-Around Trophy - Boy or Girl   |   |

**ALL RIBBONS MUST BE PICKED UP BY THE END OF THE TRACK MEET**

### **Results**

Live results can be found at [Results.AdkinsTrak.com](http://Results.AdkinsTrak.com).

### **Updates**

Heat and lane assignments will be located on [Results.AdkinsTrak.com](http://Results.AdkinsTrak.com). For updates regarding the meet, weather etc. please follow [@AdkinsTrak](https://twitter.com/AdkinsTrak) on Twitter.

### **Refreshments**

A Full-Service Concession Stand will be available as well as local vendors. There will also be a hospitality area for coaches and officials.

### **Parking**

There is ample parking at Hodges stadium. Please see diagram in the Visitors Guide:  
[2021-22 Visitor's Guide by University of North Florida Athletics - Issuu](#)

### **Housing**

Our host hotel is Marriott Jacksonville, 4670 Salisbury Rd, Jx., Fl. 32256.

[Book your group rate for Bob Hayes Track Meet](#) .

Additional rates are available on Visit Jax: <https://www.visitjacksonville.com/bobhayes2023/>

### **Tent Rental**

For all your tent rental needs, please contact: All About Events - William Mumpower  
904-379-6822 [william@allabouteventsjax.com](mailto:william@allabouteventsjax.com)

### **Vendor Information**

Mike Mayes, UNF 904-7166921 [mayesfoods@comcast.net](mailto:mayesfoods@comcast.net)

### **General Public Admission:**

A daily admission charge of \$15.00 will be assessed for everyone not competing in the meet.  
Spectator tickets can be purchased here:

<https://www.eventbrite.com/e/58th-annual-bob-hayes-invitational-track-meet-tickets-430292164447>

All team coaches will be provided wrist bands at check-in.

**All information in this packet can also be found on our new website:**

**[www.bhitm22.org](http://www.bhitm22.org)**

**BOB HAYES INVITATIONAL TRACK & FIELD MEET**

**TIME SHEET AND ORDER OF EVENTS**

**SATURDAY, MARCH 18, 2023**

- 7:30 A.M. ALL GATES OPEN (IF NECESSARY ---ROLLING SCHEDULE---BOYS & GIRLS)**  
**(No coaches meeting. Packets will be available in the Clerk of the Course Tent)**
- 9:00** 3200 Meter Relay **(Final)** Girls and Boys
- 9:00** Pole Vault **–Trials and Finals- Girls**  
Shot Put **–Trials and Finals— (Boys**  
High Jump **–Trials and Final Boys**  
Long Jump-**Trials and Finals - Girls**  
Discus**—Trials and Finals - Girls**  
**Javelin Trials and Finals - (Middle of the tack field. Boys will immediately follow Girls)**  
Long Jump-**Trials and Finals- Boys**
- 9:45** 100 Meter Hurdles**—Girls**
- 10:20** 110-Meter-High **Hurdles—Boys**
- 11:00** 100 Meter Dash **–Girls**
- 11:40** 100 Meter Dash **–Boys**
- 12:20 P.M.** 4x100 Meter Relay **–Girls**
- 12:30** 4x100 Meter Relay**—Boys**
- 12:40** 400 Meter Dash**—Girls**
- 12:55** 400 Meter Dash **–Boys**  
Pole Vault**—Trials and Finals (Boys will follow the Girls)**  
Shot Put**—Trials and Finals (Girls will follow the Boys)**  
Discus**—Trials and Finals (Boys will follow the Girls)**  
High Jump**—Trials and Finals (Girls will follow the Boys)**  
Triple Jump**—Trials and Finals (Girls will follow Long Jump)**  
Triple Jump**—Trials and Finals (Boys will follow Long Jump)**
- 1:10** **400 Meter Low Hurdles—Girls (New FHSAA Rule)**
- 1:25** **400 Meter Intermediates Hurdles—Boys (New FHSAA Rule)**
- 1:40** 200 Meter Dash**—Girls**
- 1:55** 200 Meter Dash **–Boys**
- 2:10** 1600 Meter Run **Girls—Final**
- 2:25** 1600 Meter Run **Boys—Final**
- 2:40 P.M. INTERMISSION–Presentation of Special Awards—National Anthem**

**FINAL –ROLLING SCHEDULE**

**3:30**      **Greg Coleman** 100 Meter Hurdles –**Girls**  
**Greg Coleman** 110 Meter High Hurdles –**Boys**  
100 Meter Dash –**Girls**  
**100 Meter Dash— (Boys)**  
**Louis Siplin’s 1600 Meter Run (Invitational) - Girls**  
**Louis Siplin’s 1600 Meter Run (Invitational) - Boys**  
4X100 Meter Relay –**Girls**  
4X100 Meter Relay–**Boys**  
**Louie Bing** 400 Meter Dash –**Girls**  
**Louie Bing** 400 Meter Dash –**Boys**  
300 Meter Low Hurdle—**Girls**  
300 Intermediate High Hurdle—**Boys**  
800 Meter Run –**Girls**  
800 Meter Run—**Boys**  
200 Meter Dash –**Girls**  
200 Meter Dash - **Boys**  
3200 Meter Run –**Girls**  
3200 Meter Run—**Boys**  
**James Day** 4X400 (1600 M) Relay—**Girls**  
**James Day** 4X400 (1600 M) Relay –**Boys**

**6:10 P.M. TROPHY AWARDS**

Team Championship –Team Championship Runner– Up  
Outstanding Boy and Girl Most All-Around Boy and Girl

**INDIVIDUAL AWARDS WILL BE PRESENTED AFTER EACH EVENT HAS BEEN FINALIZED**



**OFFICIAL RECORDS AND TEAM WINNERS (GIRLS)**

<u>EVENT</u>	<u>NAME AND/OR SCHOOL/ PERFORMANCE</u>			<u>YEAR</u>
Shot Put	Stinson	Southridge	49' 07"	2008
Discus	Lathan, Akera	Southridge	169' 9"	2002
Long Jump	Williams, Sonnisha	Raines High	20' 3"	2008
High Jump	Nicole Green	Pont Vedre High	6'00"	2015
100 Meter High Hurdles	Kerrison, Stefani	Jones	13.78	2014
100 Meter Dash	Mason, Symone	Miami Southridge	11.24	2017
L.S. 1600 Meter Run	Churchill, Alyson	Tallahassee Lincoln	4:57.0	2017
1600 Meter Run	Areson	Pope	4:57.96	2004
400 Meter Dash	Barnett, Sharrika	Oak Ridge	53.32	2015
300 Meter low Hurdles	Ross	Northwestern	41.67	1998
800 Meter Run	Johnson, Taylor	Miami Southridge	2:09.31	2017
200 Meter Dash	Mason, Symone	Miami Southridge	23:00	2017
3200 Meter Run	Ward	Lincoln	10:51.0	1992
4x400 Meter Relay	Oak Ridge	Oak Ridge	3:46.0	2004
4x100 Meter Relay	Miami Northwestern	Northwestern	46.19.0	2017
Triple Jump	Swan	Ed. White	42'5"	2005
Pole Vault	Barnes, Amanda	Beaufort High-S.C.	12'9"	2014
4X800 Meter Relay	Winter Spring	Winter Spring	9:21.20	2001

**WINNERS**

<u>YEAR</u>	<u>SCHOOL</u>	<u>TOWN</u>	<u>COACH</u>
1965	William M. Raines	Jacksonville	Julian Walton
1966-67	Northwestern	Miami	Louis Bing
1968-74	William M. Raines	Jacksonville	James Day
1975	Ribault	Jacksonville	Ron McCann
1976-77	Ribault	Jacksonville	Charles Helm
1978	Oak Ridge	Orlando	John Hemmer
1979	Edgewater	Orlando	Phil Newton
1980	Ribault	Jacksonville	Charles Helm
1981	Palatka	Palatka	Ken Brauman
1982	Ribault	Jacksonville	Charles Helm
1983	Dillard	Ft. Lauderdale	T. Beverly
1984	William M. Raines	Jacksonville	James Day
1985	Seminole	Sanford	Ken Brauman
1986	Buchholz	Gainesville	Mike Holloway
1987	Killian	Miami	Willie McIntosh
1988-89	William M. Raines	Jacksonville	James Day
1990	Vero Beach	Vero Beach	Bill Wilson
1991	Edison	Miami	Leonard Steven
1992	St. Thomas Aquinas	Ft. Lauderdale	Dave Shephar
1993	William M. Raines	Jacksonville	James Day
1994	Winter Haven High	Winter Haven	Harry Wooddell
1995	William M. Raines	Jacksonville	James Day
1996	Wolfson	Jacksonville	Ronald Brooks
1997	B.E. Mays	Atlanta, Ga	Terry Davis
1998 -99-2000	Jackson	Miami	Alex Armenteros
2001	Carol City	Miami	Troy Parker
2002	Evans High	Orlando	Max Purcell
2003	Northwestern	Miami	Horace Morri
2004	Buchholz	Gainesville	Ron Norris
2005	Northwestern	Miami	Horace Morri
2006	Jesuit High	Tampa	Ray Rodriguez
2007	Northwestern	Miami	Calvin Jackson
2008	Southridge High	Miami	Rodney Wright
2009-10	Northwestern	Miami	Joseph Simson
2011-12	St. Thomas Aquinas	Ft. Lauderdale	Alex Armenteros
2013	Olympia High	Orlando	Jason Geere
2014	St. Thomas Aquinas	Ft. Lauderdale	Alex Armenteros
2015-16	Flagler Palm Coast	Palm Coast	David Halliday
2017	St. Thomas Aquinas	Ft. Lauderdale	Alex Armenteros
2018-19	Northwestern	Miami	Tarvarous Bain
2020	NO MEET—COVID 19		
2021	William M. Raines	Jacksonville	Steve Bellamy
2022	William M> Raines	Jacksonville	Steve Bellamy

## OFFICIAL RECORD AND TEAM WINNER (BOYS)

<u>EVENT</u>	<u>NAME AND/OR SCHOOL</u>	<u>PERFORMANCE</u>	<u>YEAR</u>	
High Jump	James	Northwestern	7'1"	1995
Long Jump	Barr	Orange Park	24'9"	2011
Shot Put	Sparks	Edgewater	62'7"	1976
Pole Vault	Carr	Wolfson	15'8"	1985
Discus	Parks, Jarez	Sebastian River	188'4"	2016
4X100 Meter Relay	Lincoln	Tallahassee	40.89	2005
100 Meters Dash	Demps	South Lake	10.25	2008
200 Meter Dash	Cooper, Tyrese	Miami Norland	20.55	2017
400 Meter Dash	Cooper, Tyrese	Miami Norland	46.16	2017
800 Meter Run	Adderly	Atlantic	1:52.04	1990
110 Meter High Hurdle	Burns	Northwestern	13.35	2012
L.S. 1600 Meter Run	Franklin	Godby-Tallahassee	4:16.95	2006
1600 Meter Run	Shine	Sandlewood	4:18.4	1982
4X400 Meter Relay	Northwestern	Miami	3:12.54	2017
3200 Meter Run	Mayes	Raines	9:23.0	1991
300 Meter I. Hurdles	Burns, Thomas	Miami Northwestern	36.12	2017
Triple Jump	Scott	Seminole	52'2 3/4"	1993
4X800 Meter Relay	Columbia	Columbia	7:57.70	2002





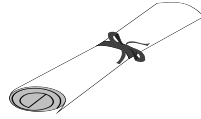
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1994	Winter Haven High	Winter Haven	Harry Wooddell
1995	William M. Raines	Jacksonville	James Day
1996	Wolfson	Jacksonville	Ronald Brooks
1997	B.E. Mays	Atlanta, Ga	Terry Davis
1998-99-2000	Jackson	Miami	Alex Armenteros
2001	Carol City	Miami	Troy Parker
2002	Evans High	Orlando	Max Purcell
2003	Northwestern	Miami	Horace Morri
2004	Buchholz	Gainesville	Ron Norris
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2020	NO MEET—COVID 19		
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2022	William M. Raines	Jacksonville	Steve Bellamy



THE JAMES DAY SCHOLARSHIP FUNDS ARE OFFERING

\$2,500.00 COLLEGE SCHOLARSHIPS



COACHES, PLEASE SHARE WITH YOUR STUDENTS AND COUNSELORS!!!!

**ELIGIBILITY:**

Any High School Senior track and field active team member of a school participating in the 2023 Bob Hayes Invitational Track and Field Meet may apply. Student must enroll as a college freshman by August 30, 2023, in an accredited College/University of their choice. Scholarship monies will be forward to the colleges/universities in the individual's name, upon receive of the letter of acceptance. Student must be present to receive a certification A minimum grade point average 3.0 on a scale of 4.0 is require

**For complete details and to download the application, visit our new website:**

[www.bhitm22.org](http://www.bhitm22.org)

**Deadline Postmark Date: February 1, 2023**

**SAVE THE DATE!!**

**May 1<sup>st</sup>, 2023 – Eagle Landing Golf Club**



*Scholarship Fundraiser*

*The Bob Hayes Committee is proud to*

*Present the 21<sup>ST</sup> Annual*

*James (Coach) Day Scholarship Golf Tournament*

*The event is sponsored in conjunction with the*

*Bob Hayes Invitational Track and Field Meet*

*The Tournament is a benefit fund-raiser event to  
provide scholarships for participating athletes*

# BOB HAYES INVITATIONAL TRACK MEET, INC

## CONTACTS

**Greg Coleman**

**Executive Director**

**(612)-800-8408**

[BHITM22@gmail.com](mailto:BHITM22@gmail.com)

**Marchan Adkins**

**President \ CEO**

**(309)252-9511**

[Marchan@AdkinsTrak.com](mailto:Marchan@AdkinsTrak.com)

**Ervin Lewis**

**Asso. Athletic Director**

**(904)252-9511**

[E.lewis@unf.edu](mailto:E.lewis@unf.edu)

## EXECUTIVE TEAM

Lewis James, High School Meet Director

Richard Grooms, Middle School Meet Director – Weisha Day-Killette

Elroy Green, Director of Officials

Henry Smith, Marketing Director

Yvonne Day, Administrative Assistant

Latricia Baker, Technical Support

Mailing Address:

Bob Hayes Invitational Track Meet, Inc

5426 Soutel Drive

Jacksonville, Florida 32219

Office #- (904)359-0550

**Sponsoring School: William M. Raines High School**

Vincent R. Hall, Principal

Joaquina Waters-Jones, Athletic Director

**Check our new website often for updates:**

[www.bhitm22.org](http://www.bhitm22.org)



To read about the history of the Bob Hayes Invitational Track Meet, Inc., visit our website:

<http://bhitm.org/pdf/PDF%202022/Scholarship%20Packet%202022.pdf>

## **FOUNDERS**

**Left to Right: Charles "Bobby" Grover, Jimmy Johnson, Willie Richardson (Deceased), James Day, Meet Director/Developer, Robert "Bob" Hayes, (Deceased), Edwin Lawson, Nathaniel Washington, Originator, and Earl Kitchings (Not Shown) Oliver Walker.**

